I guess you just fucked it all up right?

Yes. Yes I fucked it all up.

Well. What did it get you?

It gave my mom and sis disappointment. I can see the distrust in their faces. I want to cry in front of them. But I can’t. It will be crocodile’s tears to them. I want to make all the excuses in the world. But I can’t anymore. I cannot follow my own rules. I tried to meditate. Watch everything. But I can’t follow it. The end is now I guess

Well. I guess so too. But you can always try again. You said to follow the rules every day right? The best you can do right now is try to finish all the homework you promised your sister to do and maybe, maybe just a slim chance. She will reverse her decision.

Thanks! I think that’s a great recommendation. It is worth a try.

Do you want to cry?

Yes. Yes I really do. I want to punch the sky, I want to kill myself once and for all. I feel so lonely.

You can always talk to me if you need to right?

Yeah, I suppose

I can certainly tell that you will have a rough night sleeping and a harsh morning following through.

I know. It is the inevitable thing

Can you tell me? Why did you play again?

I fell under pressure. I just wanted to let it all out. But I let it out in a way that damages me, I guess. I should have talked to you more. Or write a personal diary page

You don’t need to tell me that you should have done anything. It already happened right?

Yes. Yes it did. It certainly did. You know it is ok to fall. It is ok to be seen like trash. I know you hated being seen as worthless but that’s what you did right. Instead of running away from it, you should embrace it and learn from it. Remember the story about boomerang. If you tried to throw it all away, it will come back and bite you in the ass. I think it is similar to what happened. You tried so hard to restrain it. And you fell and that’s what happened. I think moving forward. You can still do it discreetly but with compassion.

I know it is hard for you to remember this. But if you have anything that you want to ask. Just ask me. You don’t need to go out of your way to ask someone else like you did anymore. The other half of you resides inside you and you need to stay calm just a bit and tell me the story. The road will be long, remember? A week more for the new missions right?

If your urge to play comes up, go and talk with me. 15-20 minutes, that’s it. Now, go to sleep young man. Don’t forget if you pushed yourself too hard, you will break down so fast too. Push moderately and if you have any problem just talk to me ok?

I know it is lonely out there. Your loneliness pushed you right to the edge right? I know. I know. Because I know you best like no others. You don’t need to speak to me through